



FUN WAYS TO PRAY AS A FAMILY

#TenaciousTopTips

Hi kids, grown ups & families

Whether you usually pray together as a family, or not, this mini booklet will give you some fun “prayer tactics” that you could try out together. Check them out and send us a picture of your prayer time together.

It is important to remember that “prayer” simply means “talking to Jesus”. And talking to Jesus should be just like talking to a friend- because Jesus is our friend. When you pray, remember that you don’t have to be sitting down, or have your eyes shut, or put your hands together... We often do these things to help us not to get distracted, but really you can pray however, wherever and whenever you want to!

When we pray, we often say “We pray this in Jesus’ name. Amen”. We say “in Jesus name” because we know that Jesus is so massively powerful, that He can do absolutely anything. So, we say this to show Jesus that we want His power to help us with whatever we are praying for. When we say “Amen” at the end of our prayers, that is another way of saying “let it happen” because we want Jesus to answer our prayers and do whatever we have asked Him to do.

We hope that this mini booklet helps you to enjoy praying together as a family! If you have any questions, or you have any other fun ideas of ways to pray, then we would love to hear from you on social media (@tenacious_kidz) or via email
abby@londonriversidechurch.com

Have fun praying!

From The Tenacious Kidz Team

TACTIC I

PRAYERBALL

This prayer tactic is to help you have fun while praying in the garden, or the park.

Throw a ball to each other, and whoever catches it has to say a quick prayer. You then throw the ball to the next person and they have to say a quick prayer too. You could have different 'rounds' and decide on a different topic for each round that you will pray for.

The topics could include things like: friends, school, and family.

TACTIC 2

LOLLY POP PRAYERS

This prayer tactic could be an easy one for you to use every day.

You can buy a pack of craft lolly-pop sticks, and write something to pray for on each one. Put the lolly-pop sticks inside a jar. Everyday you could take it in turns to pick one out and pray for that thing/ person.

Some ideas of things/ people to pray for include: family members who are ill, friends who don't know Jesus, and anything else that you want to pray for.

TACTIC 3

COLOURFUL PRAYERS

This prayer tactic is fun for all of the family, and can be incorporated to everyday snacking.

Get a packet of M&M's, skittles, smarties, or any other coloured packs of sweets, and lay out the sweets onto a plate. Everyone takes it in turns to choose a sweet, and whichever sweet they pick determines what they will pray for.

Decide what each colour sweet will represent before you start praying. Here's an example of what they could mean:

Red = School friends

Blue = church leaders

Yellow = those who are poorly

Green = neighbours

TACTIC 4

PRAYER JOURNAL

This prayer tactic is useful to keep a record of your prayers.

It is great to remember what we have asked Jesus to do, so that we can remember to be thankful once He answers it for us!

You can either use the prayer journal that we have made (downloadable on the Tenacious Kidz page of our website), or you can make your own. You could try to pray at the same time, in the same place every day to help you and your family get into a routine together.

Write down each thing that you pray for, and each week- or month- look back and see what God has answered!

TACTIC 5

Sorry, thank you, please prayers

This prayer tactic helps you to structure your prayers if you're not sure where to start.

Everyone takes it turn to pray, saying: one prayer to say “sorry”, one prayer to say “thank you”, and one prayer to say “please”.

Here's an example of what a prayer could be like:

Dear God, I am so **sorry** for sometimes making bad choices.
Thank you for always being my friend, even when I make bad choices. **Please** help me to make more good choices, and less bad choices.

TACTIC 6

Thank you bubble

This prayer tactic helps you to get a bit creative.

There are so many things that we can say thank you to God for. Why don't you draw a bubble in the middle of the page and write “thank you” inside it? Then you can do lots of arrows, and write/ draw what you're thankful for next to the arrow. Try to think of at least 5 things!

You could also make a “sorry bubble” and a “please bubble” too!

TACTIC 7

Thankful Jar

This prayer tactic helps you to look back and be thankful for what God has done over time.

Get a jar and some post-it notes. Everyday write/draw one thing that you are thankful for. On a post-it note. At the end of the month, take them all out and say a big thank you to God for all of the things that you have written!

Some things that you could write/ draw include:

- You had fun in the garden
- Your mum made you dinner
- Your sister said something nice to you
- You found your lost pencil case

TACTIC 8

Prayer Walk

This prayer tactic can be used wherever you are, without any props or organisation.

Go for a walk together, and decide what you will pray for on your walk. Here are some ideas:

1. Point out things that make them smile, and say thank you to Jesus for them
2. Listen out for sirens (ambulance, police, fire brigade) and pray for them as they go past

TACTIC 9

Puzzle Prayer

This prayer tactic is helpful if your kids are not sure what to pray for.

Write down lots of words on pieces of paper, cut them out (word by word), and challenge your kids to rearrange them into a prayer.

You could write words like: please, thank you, sorry, Amen, God, family, friends, help, and, if, but, I, home, family, friends, good, bad, day, like, worry.

As an extra you could add in some blank papers so that your kids can fill in any words which they would like to add that you have not written down for them.

TACTIC 10

2 Mins with Jesus

This prayer tactic is to help kids to practise spending a moment with God in quiet.

Set a timer on your clock or phone alarm for 2 minutes. Encourage your kids to sit with you in silence for 2 minutes and just talk to Jesus or be silent and try to listen to what He is

saying. Once the 2 minutes has ended, ask them how they found it, and if they feel like Jesus was saying anything to them. Once your 2 minutes has finished, each of you could write down anything that you have said to Jesus, or that you think He has said to you. This will help you to remember when you look back at your notes.

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