



*Journaling*  
**THROUGH JEREMIAH**

# DAY 1

## Jeremiah 1:10

*See, today I appoint you over nations and kingdoms to uproot and tear down, to destroy and overthrow, to build and to plant.*

In this verse God is telling Jeremiah what his role in life would be. God is the one who authorised this not man. God instructs Jeremiah as to what he will be doing. If Jeremiah ever questioned his role, what he was supposed to do and had doubts, he could always remind himself as to what God said.

I love the notion that God places us in positions for a reason. There is a purpose, a motive and plan for our lives that He has negotiated and put into place. There is an opportunity for us to do something amazing if we're willing.

### What could it be for you?

- To be a witness
- To be a friend
- To be a conduit of God's favour and grace
- To bring leadership
- To provide support
- To be an encourager and so much more

Never take your position lightly, the role that you play as an employer, employee, friend, spouse, parent, child, grandparent can be a significant and important role as you help people around you.

Father, thank you for the roles that I have in life, help me to steward my responsibilities correctly

## DAY 2

### Jeremiah 1:19

*“They will fight against you but will not overcome you, for I am with you and will rescue you,” declares the Lord.*

God tells Jeremiah that things will come against him. People will say and do things to get in his way, but that he should not be worried about it, why? Because God is there with him. Jeremiah should not let those things affect his mind because God will pull through for him.

The encouragement for us is that God is showing that He is a dependable God, let's put it another way. The God that you and I serve is a trustworthy and reliable God. In the midst of our hardships and tribulations God is standing right there with us, when the flames are searing and hot, God is right in the middle of it all with us. When things look dark and bleak, God is walking out of it with us.

Through Scripture God is reminding us that He is there with us.

- Isaiah 41:10 - Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.
- Psalm 23:4 - Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.
- Deuteronomy 31:6 - Be strong and courageous. Do not fear or be in dread of them, for it is the Lord your God who goes with you. He will not leave you or forsake you.
- Joshua 1:9 - Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the Lord your God is with you wherever you go.
- 2 Thessalonians 3:3 - But the Lord is faithful. He will establish you and guard you against the evil one.

Take comfort and strength in the words that God speaks, He is there with us regardless of the situation and circumstance that we face, which means that we can forge a way forward.

God, I thank You because You are a present God, You know what is to come and that brings comfort to my life.

## DAY 3

### **Jeremiah 4:1**

*“If you will return, O Israel,” says the Lord, “return to Me; and if you will put away your abominations out of My sight, then you shall not be moved.”*

Think Prodigal Son (Luke 15) where one of the sons says that he no longer wants to live with his family and asks for his inheritance before his father passes away (this would have been seen as an insult in the Jewish culture) and then goes off spending it all recklessly to the point he has nothing left and is at his wits end. He then remembers that his father looked after those who worked for him and concludes that if he were to go back, maybe he can get a position like that. Unbeknownst to him, his father was waiting patiently for him and when they embrace, his father restores him back to where he should be, as a son.

How great is God? Despite us doing wrong, He allows a way back for us to be right with Him. He wants us to be in good standing with Him, He welcomes us back, even better is that He is the one calling us back!

Let that sink in for today, God wants to be in relationship with you, God wants to know you, God wants to forgive you. Are you willing to make the steps needed towards Him?

God, thank you for always welcoming me back with open arms. I am sorry for the things that I have done that caused a rift between us. Please forgive me.

## DAY 4

### **Jeremiah 4:14**

*O Jerusalem, wash your heart from wickedness, that you may be saved. How long shall your evil thoughts lodge within you?*

I love the phrasing of this verse. We are asked to leave behind our sickness, a choice that we have to make if we want to be right with God - the choice is ours. A similar thought can be found in James 4:8 (Draw near to God and He will draw near to you. Cleanse *your* hands, *you* sinners; and purify *your* hearts, *you* double-minded).

### **What things are you needing to wash your heart from?**

- Selfishness
- Greed
- Malice
- Pride
- Hatred
- Lust
- Unforgiveness

These things are dangerous as they can wrap themselves around our hearts and come out in our actions and words. God wants us to give Him said things so that He can get rid of it and replace it with attributes that are actually beneficial to our walk with Him and our lives.

Holy Spirit help me, give me a heart that is clean, wash away the things that are in my heart and thoughts that are not of You!

## DAY 5

### **Jeremiah 7:6-7**

*If you do not oppress the stranger, the fatherless, and the widow, and do not shed innocent blood in this place, or walk after other gods to your hurt, then I will cause you to dwell in this place, in the land that I gave to your fathers forever and ever.*

I wonder if you're like me and think: What difference can I make in this world? What am I supposed to do to help people? In these couple of verses, it's spelt out for us:

- Show kindness to the foreigners, those who are temporary residents or have no legal status.
- Look after those who need a mentor, these who need defending, guiding and educating.
- Violence is not something we should show.
- Do not chase after other gods, our eyes should only be on God.

Now let's look at these four things individually and see how we can practically do this in 2021.

<b>Jeremiah</b>	<b>Practical outworking</b>
Show kindness to the foreigners	Can I partner with Store City to provide food for those who are in need?
Look after those who need a mentor	Do I need to be part of a Connect Group?
No to violence	Do the words I use bring life or death to those around me?
Not chasing after other gods	Do I put God front and centre of my life?

God, I pray that I become a better ambassador of the cross, that when opportunities come my way to be the hands and feet of Jesus to my community, I take it.