



# **APEX YOUTH**

**INFORMATION BOOKLET**

**FOR PARENTS**

**AN OVERVIEW OF WHO WE ARE AND  
WHAT WE DO**



# WHO WE ARE AND WHY DO WE EXIST?

## TO ALL PARENTS,



Hello from the Apex team! In this booklet it should give you an overview of who we are and what we do as Apex Youth. I hope this will help to give you all the details for the coming year as well as a little more information about how we run. If you have any questions after reading through, please feel free to contact me and I would be happy to help.

*Harrah Williamson, Youth Pastor*

Youth Ministry has been a vital part in the life of Bethel - London's Riverside church from it's start. We are passionate about seeing a generation of young people finding Jesus, growing in their relationship with Him and going on to make a difference in the world. Our youth group is called Apex as we want young people to aim high and achieve all the God wants them to.

## OUR VISION STATEMENT FOR APEX IS:

“To reach disciple and release young people into their God-given destiny.”

## SOME OF OUR AIMS FOR APEX ARE:

- To see young people from our community coming into relationship with Jesus.
- To disciple young people who have made a commitment to follow Jesus, helping them to read and understand their bibles and communicate with Jesus on a regular basis.
- To create a positive environment for young people to come on a Friday night where they feel safe.
- To offer support and advice to young people
- To inspire young people to achieve high and make a difference in the world.
- To help young people get planted into the life of the church.
- To raise up a generation of young leaders who will influence those around them in a positive way for Jesus.



# THE APEX TEAM

We have a team of dedicated volunteers who run all that we do here at Apex. We are committed to raising and training youth leaders who will influence the young people of our town in a positive way. All of our leaders have a DBS check and have been trained by us in youth work. They all attend our church on a regular basis, both to help at Apex and serve on a Sunday at church. All of our team love Jesus and are committed to seeing the young people of our town become Christians and move into a deeper relationship with Him.

All of the below are part of making our youth ministry happen. There are a number of other people on our team, including



Hannah  
Williamson



Alison  
Lait



Jon  
Riley



Beth  
Ward



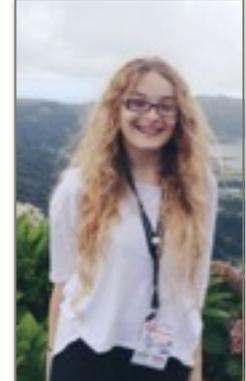
Moira  
Pullar



Kendra  
Addison



Shad  
Ngandu



Hannah  
Smith



Alex  
Smith



Yemisi  
Windapo



Sash  
Keppler

# FRIDAYS AT APEX

## CRIBZ

CRIBZ we will be about tackling the whole subject on how are they living at home compared to the rest of their life.

Asking them questions like: do they act differently around certain people? What do they do when they are on their own? Are they serving with a good attitude?

This series is our annual relationship series. Come down and discuss what you think about all things to do with relationships. We have gone with the theme of 'ON POINT' We are going to be looking out what makes a good boyfriend/girlfriend in the eyes of God and in the bible.



This series called 'LIGHTS - CAMERA - ACTION' we will be looking at 1 John 1:5-7 and looking at what it means to be the light in our town. What it means to stand out from the rest and most importantly to make people aware that we are all on a journey in our relationship with God

This series, called '#GOALS', is all about looking at what people think is the perfect family, friendship and relationship; but then really challenging them on if God is not at the centre of all of it then it's nowhere near being perfect.



Don't let a card determine who you are. Don't let your past dictate your future. Don't let labels over your life effect how you live your life. This will be our evangelistic series and will bring in some guest preachers of some sort.

'IT'S NOT THAT DEEP' is a series all about looking at Galatians 5:20-23 and how we need to start looking at the fruits of the spirit and using them in our every day lives.



'ROAR' which stands for Religion or a Relationship and we want the young people to understand that it is not a religion that we are in but it is all about a relationship with Jesus. Thats what its all about!

'BACK TO THE FUTURE' is a series where we want young people to look at how far they have come in the last year and how much they have grown in God. Then if they haven't grown as much as they wanted to then they set goals for the future. But in all of it make sure you are leaning on God.



# TRIPS AWAY: CULTIVATE 2017



Cultivate is our yearly week away for our young people. It is held at Cefn Lea in Mid Wales which is a great location for the camp. Cultivate is always one of our highlights of the year. We see it as a opportunity for young people to mix with young people from other churches, the build great friendships, have fun and most importantly get closer to Jesus.

Cultivate is set up in such a way as to create opportunities for young people to learn more about God, develop their relationship with Him and be challenged to live for Him when they go home.

I would encourage you as parents, to do all you can to get your son/daughter to Cultivate. I know they will come back having had an experience with Jesus and being challenged to live for Him in a stronger way.

Cultivate is £185 for the week. To book in, get a deposit to Hannah as soon as possible to secure your place.

Also, pick up an information pack and consent form for more information.

## FOR MORE DETAILS CONTACT:

Hannah@bethel.org.uk

Cultivate@bethel.org.uk

020 8593 2241

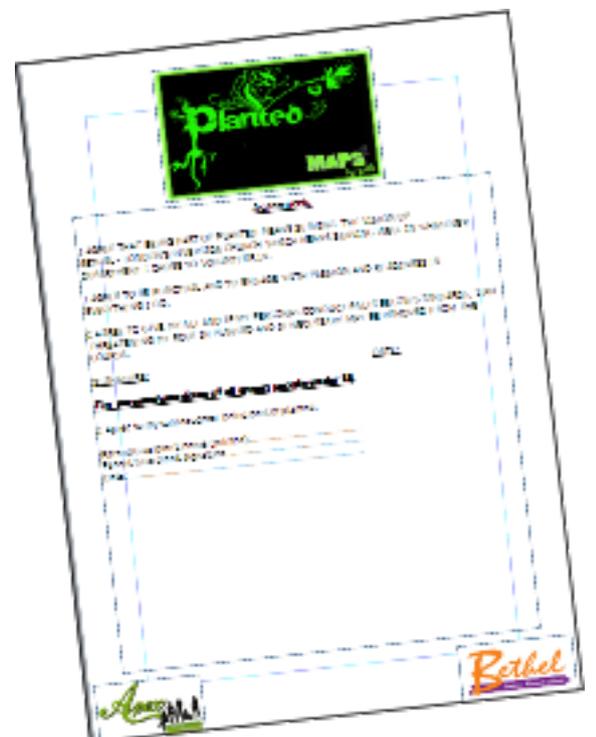
# SUNDAYS: PLANTED



Moving over from Tenacious Kidz into main church come sometimes be a little daunting for our young people. In the past we have done some teaching to help make this transition smooth. Unfortunately due to space restrictions, we are unable to do this at the moment. Our hope would be to bring this back when our new building is up. We do, however, feel that integrating our young people into the life of church is vitally important.

We see church as a family and so want to make sure that our young people are worshipping and serving alongside people of all ages. In order to do this we encourage our young people to get involved on a Sunday by serving in a particular area. Our route to doing this, is for young people to join our course called Planted which is written to help disciple and challenge our young people in their relationship with God as well as how they serve. This course runs once a month on a Sunday after 2nd service at the same time as Bible Takeaway and lasts for 6 months.

To join planted or find out more information contact [Hannah@bethel.org.uk](mailto:Hannah@bethel.org.uk) or pick up an application form.



# SCHOOLS WORK

Schools work has always been hugely important to us in Apex. It allows us to reach and influence not just the young people that attend our church or youth programme on a Friday, but those who have no knowledge of God or the church. Our aim is to serve the schools in any way we can, so as to benefit the students, teaching and support staff. We are regularly working in Dagenham Park, Sydney Russell, St Edwards and Robert Clack. This year we are on our way to also working in Eastbrook and Warren. We also work in the local tuition centre which works with young people who are challenging in their behaviour. There are a number of different ways we support the local schools in our town:



## ASSEMBLIES:

We often take assemblies in our local schools. Our aim in assemblies is to educate students about Christianity, the treatment of others, personal worth, confronting fears and any other topics requested by the school. We also invite young people to Apex events.



## LESSONS:

Lessons are a great opportunity for us to connect with and teach young people. We follow the curriculum given us by the school and often take lessons for 6 weeks at a time. These lessons are either in Religious Education, PSHE or Civics.



## MENTORING:

We also offer mentoring for students in the local schools who are struggling.

## GUESTS:

Throughout the year there is often a time when we have visitors come through who we take into schools with us. In the past we have taken groups such as Watoto in with us. This is always a great opportunity for schools and also a good link to us as a church.



# SUMMER SCHOOLS MISSION

Summer Schools Mission is very important for us as we have a chance to go into the schools, around the borough, and take their assemblies & lessons and really be the positive influence that a lot of the youth, nowadays, don't have.



**FINISHING SCHOOL THIS SUMMER?**  
Interested in doing a 1 or 2 week mission in our town?

<b>2 WEEKS TO CHOSE FROM:</b> MONDAY 3RD JULY - FRIDAY 7TH JULY MONDAY 10TH JULY - FRIDAY 14TH JULY	<b>2 AREAS TO CHOSE FROM:</b> <b>CHILDREN</b> (TENTACIOUS KIDZ) WORKING WITH KIDS AGES 5-11	<b>YOUTH</b> (APEX) WORKING WITH YOUTH AGES 11-18
---	---	--

**THE WEEK INCLUDES:**  
SECONDARY & PRIMARY SCHOOL LESSONS & ASSEMBLIES  
PLANNING LESSONS // STREET WORK // YOUTH & CHILDREN'S WORK

FINISHING SCHOOL THIS SUMMER?  
Interested in doing a 1 or 2 week mission in our town?  
THE WEEK INCLUDES:  
SECONDARY & PRIMARY SCHOOL LESSONS & ASSEMBLIES  
PLANNING LESSONS // STREET WORK // YOUTH & CHILDREN'S WORK

# LEADERSHIP DEVELOPMENT

We are passionate about raising the next generation of young people to lead in our youth group, our church and in whatever setting they should find themselves in, in the future. We believe it is vital to raise leaders who are primarily passionate about Jesus. We do all we can to encourage this through the programmes that we do.

## APEX POTENTIAL LEADERS COURSE

Our potential leaders course starts in September every year. Young people have to apply to be part of this. We take this course seriously and so ask our young people to fill in an application form. The course involves 2 lots of training each year in September and January. It is vital that young people attend these training nights which run on Thursday evenings. Our potential leaders are expected to be serving every Friday at Apex in Apex Youngers and serving in a department in the church on a Sunday. Each of our potential leaders are assigned a mentor who they meet with once a month. The role of the mentor is to encourage them spiritually and to challenge them in the leadership journey.

## YOUNG LIONS LEADERSHIP COURSE

Young Lions is a boot camp style leadership course that we send out young leaders to. They get to mix with other young leaders around the country as well as be challenged in their leadership.

Young Lions runs over 3 years for a weekend each year. Our young people are put into groups with young people from around the country with a coach who is a youth worker. This coach watches them and gives advice throughout the weekend. At the end of the weekend they write a report on them which gets sent to their youth pastor and pastor. Young Lions has always greatly benefited the young people we send.

## GENERAL LEADERSHIP DEVELOPMENT FOR THE APEX TEAM

Throughout the year we make sure we are meeting regularly with our team to encourage and train them. Our core team meet weekly to plan and pray for Apex. We meet 3-4 times during the year with our whole team. We also encourage our youth leaders to attend some youth leader training days which are put on by the youth department run by AOG (the denomination we are apart of as a church).



# LEADERSHIP DEVELOPMENT

We offer work experience for young people in year 10/11 at school. If your son/daughter attends school in Barking and Dagenham we are on the trident work experience list, so young people can sign up for us through the school. For those who attend school out of borough, young people can bring a form to us to complete for them to take work experience with us.

Job: Youth Worker Trainee/ Kids Worker Trainee Classification: KEG - Youth and Community Work / children's work

Your Age: Normally work experience takes place between years 10 and 13.

Employer: Apex Youth, Bethel Church, Parsloes Avenue, Dagenham, Essex,

RM9 5PT Contact: Hannah Williamson

Telephone: 020 8593 2241

Email: [hannah@bethel.org.uk](mailto:hannah@bethel.org.uk)



## WHAT DOES WORK EXPERIENCE INCLUDE AT APEX YOUTH?



- Administrative work such as filing, photocopying, entering data into the computer etc.
- Art work for Apex or Tenacious Kidz - possibly making banners for youth events and design on the computer.
- Set up for Apex Youth Club on a Friday. Shopping for supplies for Apex.
- Helping to prepare school lessons.
- Assisting in school lessons and assemblies.
- Attending the staff meetings at Apex Youth.
- Helping at our youth club.
- Helping at our kids after school project

Working at Apex Youth is a fun environment where you will learn how youth work runs. You will get a full experience of a youth worker during the 2 weeks you will be with us gaining an overview of the work undertaken by Apex Youth and how it benefits the community.